

Profile

Born in Amsterdam, the Netherlands, 25 maart 1953, a multicultural city.

Moved to Leiden, another well known modern city in the Netherlands, to study medicine and after that psychiatry.

The history of psychiatry is interesting. All kinds of theories of the origin of symptoms have passed in the last centuries, all of which were true at that time. This makes psychiatry an interesting specialism, a specialism that is open for change.

Psychiatry is also an interesting field in medicine because of its different cultural specific syndromes and therefore treatment but also because of its similarities between cultures. There is much to learn from non-western colleagues and others working in this field.

Since my work as psychiatrist in the GGZ (Dutch healthcare institute), especially in the acute settings, clinical and outpatient. People from outside the Netherlands are not familiar with our health system which makes it difficult for care takers to estimate the problems they encounter. It's sometimes puzzling for the patient, the family and the doctor what to do in a psychiatric crisis but it is also a challenge to find the right solution.

The health system in China is good example of a modern health system in combination with traditional non-western influences. It is this combination that is fascinating and can help us to understand why some not evidence-based treatments really work.

To initiate a form of collaboration I have visited the Suzhou Social Welfare Institute, China Suzhou Social Welfare Institute (2018 en 2019) which lead to a partnership between GGZ-Delfland and Suzhou Social Welfare Institute.

Experience as a Psychiatrist

GGZ DELFLAND LOKATIE DELFT 2014-2019

Manager of treatment affairs. Responsible for the way the medical staff is following the hospitals policy such as medical treatment, implementation of new policy and how to cope with the demands of the society.

Treating patients on different departments such as the crisis ward, High Intensive care, department for chronic patients long and short stay and a drug related crisis department.

Deputy Director.

Supervision medical residents to become a psychiatrist

Mentoring medical students

Supervisie/begeleiding verpleegkundigen in opleiding tot verpleegkundig specialist

Hoofd delegatie samenwerkingsverband met China Suzhou Social Welfare Institute (2019)

GGZ RIVIERDUINEN LOKATIE VOORHOUT 1999-2014

Manager of treatment affairs. Responsible for the way the medical staff is following the hospitals policy such as medical treatment, implementation of new policy and how to cope with the demands of the society.

Treating patients on different departments such as the crisis ward, High Intensive care, department for chronic patients long and short stay. Member of the medical staff for the elderly.

Mentoring medical students

Supervision medical residents to become a psychiatrist

Mentoring para-medici to become Physician-Assistent

GGZ RIVIERDUINEN LOKATIE OEGSTGEEST 1991-1999

Manager of treatment affairs. Responsible for the way the medical staff is following the hospitals policy such as medical treatment, implementation of new policy and how to cope with the demands of the society.

Member of the medical staff for the elderly.

Psychiatric Consultant for a General Hospital in Leiden

Supervision medical residents to become a psychiatrist.

Mentoring medical students.

Member of participation council

Publicaties

Philip Spinhoven, Flip Tabeling en Moniek ter Kuile: Verschillen in verbale uitingen tijdens het eerste therapiegesprek Dth 13, 4, 1993, p. 376-387

F.Tabeling: Een moeilijke geschiedenis. Mgv#3 April 30, 2014

F.Tabeling: Psycho-educatie. Mgv (date unknown)

Other work experience:

medical resident psychiatrie Riagg Westhage/Noordhage Den Haag 1985-1986

medical resident psychiatrie Crisis Centrum Den Haag 1986-1987

medical resident psychiatric first aid (night) Riagg Haagrand 1986-1989

Psychiatrist at Transparant Leiden 2007-2009

Psychiatrist trainee: 1987-1991 Leiden (LUMC). Head of the department: Prof. dr. H.G.M Rooijmans.